



East Sussex Cycling Association

2015 President: **Horry Hemsley VTTA (Surrey & Sussex) Group**

ESCA 100 mile TT – Sunday 9 August 2015 6.00 am Course G100/861

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Start Sheet

Event Secretary

Bob Harber (Brighton Excelsior CC)
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Timekeepers

Mick Kilby (Lewes Wanderers CC) and **Su Balcombe** (Brighton Excelsior CC)

General Information

Event HQ: Upper Dicker Village Hall, Coldharbour Road, Upper Dicker, East Sussex BN27 3QE.

From A27: follow Berwick Station signs at Alfriston roundabout. Straight on for 4 miles. Hall is on Right at end of village.

From A22: half mile West of Boship Roundabout, Lower Dicker. Turn into Coldharbour Road (at the Yellow 'Metamorphosis' Bathroom Centre). Hall is on Left after 1 mile; after '40' and 'Upper Dicker' sign.

The hall will be open from 5:00am for changing. Shower facilities are available and refreshments will be on offer for a generous donation please.

Car Parking: There is ample parking in the field at the rear of the village hall where you will find entry doors to the hall and facilities. The car park entrance is the gate next to the HQ - please drive around the football pitch and park directly behind the hall. **Please do not park on the football pitch or block the entry/exit route.**

Race Numbers: Numbers will be available at the event HQ. Please collect your number when you sign on. After the event please return your race number to the HQ in exchange for a cup of tea or coffee.

Start: LEFT out of HQ, LEFT at staggered X-roads, LEFT at grass triangle, continue almost to A22. The start is 2 miles from the HQ and will be signposted. **Please allow at least 10 minutes getting to the start.**

This is a qualifying event for

ESCA Points Competition: 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies: The fastest rider from an ESCA affiliated club will be awarded the 100m Cup, and the fastest team of three riders from an ESCA affiliated club will be awarded the 100m Team Shield at the annual prize presentation in January 2016.

ESCA BAR: Qualifying event for the Senior and Veteran BAR competitions.

BBAR: Qualifying event for the British Best All Rounder competition.

Sussex SPOCO: Long distance qualifying event – 120 points for 1st place down to 1 point for 120th place for first claim riders from Sussex CA affiliated clubs.

VTTA Surrey/Sussex Group: The member with the highest plus against standard will be awarded a medal at the group's Prize Presentation lunch.

ESCA Open Event Awards

Fastest

First	£50.00
Second	£40.00
Third	£30.00

Highest Vet on Std

First	£40.00
Second	£30.00
Third	£20.00

Fastest Woman

First	£40.00
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Fastest Team of 3

First	£20.00 ea
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Course Details – G100/861

Map attached, courtesy of SCA; available at: <http://www.sussexca.org.uk/g100861.html> .

N.B. Bob questions the course profile, as there are 3 identical laps to the course, but the map profile has 5 repetitions.

START Arlington Road West, just before junction with A22 Northbound.

LEFT and follow A22 via Diplocks Way RBT to Boship RBT where

Start of LAP 1

LEFT 1st Exit to on A22 to junction with B2124 at Golden Cross.

LEFT on B2124 to TURN at Ringmer, Kennel Corner RBT [9.1 MILES].

RETRACE to A22 at Golden Cross.

LEFT on A22 via The Shaw RBT, Halland RBT, Golf Course RBT, Little Horsted RBT [19.9 MILES] Copwood RBT to TURN at Black Down RBT (A22/A26 diverge here). [22.8 MILES].

RETRACE on A22 via Copwood, Little Horsted, Golf Course, Little Horsted, Halland and The Shaw Roundabouts to Boship RBT.

TURN 4th Exit on A22.

This completes LAP 1. [34.1 MILES]

REPEAT Golden Cross – Ringmer – Golden Cross – Black Down – Boship.

This completes LAP 2. [66.5 MILES].

REPEAT Golden Cross – Ringmer – Golden Cross – Black Down – Boship.

This completes LAP 3. [98.8 MILES].

RETRACE on A22 to Coldharbour Road (at Yellow 'Metamorphosis bathroom showroom')

LEFT along Coldharbour Road to FINISH [100.0 MILES]

There will be a Drinks Station at 34.7 and 67.1 miles

You can leave your food and drink at HQ when signing-on. Water will be handed up.

The Drinks station is at the Bus Stop lay-by at the Coldharbour Road turn (at Yellow 'Metamorphosis bathroom shop')

Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point. Competitors must exercise extra care when negotiating all roundabouts.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Please pin your number here →



Results: No times will be given out at the finish.

ESCA 100; G100/861; 9 August 2015: START ORDER. First rider off at 6.01 am.

No.	Start	Rider	Club	VTTA	Cat	Age
1	6.01	Chris Parker	Hastings & St Leonards CC	<i>Kent</i>	V	59
2	6.02	Peter Holland	Lincoln Wheelers CC	<i>Notts/EM</i>	V	68
3	6.03	Debbie Evers	Lewes Wanderers CC		WV	55
4	6.04	Malcolm Strickland	Thornton RC		V	60
5	6.05	Mark Palmer	Dorking CC		V	50
6	6.06	Tom Norris	Hastings & St Leonards CC		V	46
7	6.07	Alison Brockhurst	Lewes Wanderers CC		WV	42
8	6.08	Peter Rowe	Southborough & Dist Wheelers.	<i>Kent</i>	V	51
9	6.09	Mark Gidney	De Laune CC	<i>Kent</i>	V	53
10	6.10	Debbie Coyle	VC Elan Harry Perry Cycles		WS	
11	6.11	Kevin Bashford	East Grinstead CC		V	56
12	6.12	Lisa Davies	Lewes Wanderers CC		WV	40
13	6.13	Martin Horscroft	Eastbourne Rovers CC		V	50
14	6.14	Richard Claxton	VC Elan Harry Perry Cycles		V	71
15	6.15	Gina McGeever	Lewes Wanderers CC	Sy/Sx	WV	43
16	6.16	Bruce English	Eastbourne Rovers CC	<i>Sy/Sx</i>	V	50
17	6.17	John Mankelow	Lewes Wanderers CC		V	67
18	6.18	Nigel Perry	San Fairy Ann CC		V	51
19	6.19	Samuel Ramsey	Lewes Wanderers CC	<i>Sy/Sx</i>	V	51
20	6.20	Peter Morris	Team ASL360		S	
21	6.21	Gary Burgess	Brighton Mitre CC		V	51
22	6.22	Chris Hale	Dorking CC		V	46
23	6.23	Anthony Bell	San Fairy Ann CC		V	47
24	6.24	Sam Winter	Eastbourne Rovers CC		S	
25	6.25	Nigel Langridge	Crawley Wheelers		V	50
26	6.26	Oliver Excell	Victoria-Ciclos Uno.com CC		S	
27	6.27	Mike Hannay	Lewes Wanderers CC	<i>Sy/Sx</i>	V	53
28	6.28	Peter Hayes	Catford CC		V	70
29	6.29	Andrew Green	Old Portlians CC		V	49
30	6.30	John-Paul Brophy	Eastbourne Rovers CC		V	40
31	6.31	Trevor Montague	Crawley Wheelers		V	61
32	6.32	Rick Hughes	Worthing Excelsior CC		V	52
33	6.33	Malcolm Daly	Hastings & St Leonards CC		V	55
34	6.34	Peter Hooper	Eastbourne Rovers CC		S	
35	6.35	Brindley Taylor	Crawley Wheelers		S	
36	6.36	Michael Turner	Lewes Wanderers CC	<i>Sy/Sx</i>	V	47
37	6.37	Ian Hodge	Southborough & Dist Wheelers.	<i>Kent</i>	V	56
38	6.38	Dan Sims	Abellio-SFA RT		V	
39	6.39	Peter Baker	Lewes Wanderers CC	<i>Sy/Sx</i>	V	57
40	6.40	John Corder	Eastbourne Rovers CC		V	46
41	6.41	Henrik Persson	Kingston Wheelers		S	
42	6.42	Alan Lloyd	Lewes Wanderers CC	<i>Sy/Sx</i>	V	63
43	6.43	Lee Buckman	Ashford Wheelers		V	40
44	6.44	Howard Shaw	Eastbourne Rovers CC		S	
45	6.45	Matthew Charlton	Farnborough & Camberley CC		S	
46	6.46	Andy Newham	Lincoln Wheelers CC	<i>N Mids</i>	V	42
47	6.47	Andy Martin	Kingston Wheelers		S	

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No.	Start	Rider	Club	VTTA	Cat	Age
48	6.48	Jimmy Woodward	Sussex Revolution VC		S	
49	6.49	George Welfare	Eastbourne Rovers CC		S	
50	6.50	Dominic Hill	Bec CC		V	41
51	6.51	Peter Horsfield	Redmon CC	Sy/Sx	V	65
52	6.52	Matt Coombs	Lewes Wanderers CC		V	44
53	6.53	David Solomon	Whitewebbs CC		V	63
54	6.54	John Samways	Bournemouth Jubilee Wheelers		V	41
55	6.55	Peter Pav Bryan	Rye & Dist Wheelers		S	
56	6.56	Justin Steele	Sussex Nomads CC		V	56
57	6.57	Chris Tye	Plomesgate CC	<i>E Ang</i>	V	48
58	6.58	Cliff Voller	Newbury RC	<i>West</i>	V	64
59	6.59	David Hampton	Ashford Wheelers CC		V	47
60	7.00	Tom Glandfield	Lewes Wanderers CC	Sy/Sx	V	42
61	7.01	Fraser Dawson	Dorking CC		V	48
62	7.02	Jeremy Saynor	PMR @Toachim House	<i>Kent</i>	V	52
63	7.03	Stephen Morgan	Tooting BC		V	47
64	7.04	Steve Kane	Team ASL 360		S	